

# Deeper In God

December 11, 2016



**THIS WEEK'S SCRIPTURE:** Ephesians 4v17-5v2

**THIS WEEK'S BIG IDEA:** We can't live a new life in Jesus Christ wearing the same old wardrobe that we've become accustomed to.

**Reflect:** *What's your favorite article of clothing? What makes it so comfortable for you?*

**Reflect:** *Saint Paul talks about "putting off your old self." What do you think he means by that? What ways of thinking, believing, behaving might you need to "put off" because they belong to your life before Christ or because they are inconsistent with the Christian life as portrayed in the Scriptures?*

**Reflect:** *Having "put off" our old ways of life, Paul invites us to "put on the new self, created after the true likeness of God." What does that look like for you? How can you be sure to "wear Christ" every day?*

**Reflect:** *Many times, when we want to change, we focus on our behaviors instead of getting to the root of the problem, which often is our faulty beliefs or false identities we create (i.e. identities rooted in money, power, success, accomplishments, etc.). True and lasting change can only come from our being transformed by Christ; this is what the Bible calls "sanctification," or being made like Christ. How is Christ remaking you right now?*

**Reflect:** *If you could ask Jesus for one way you really need to "put on" the new self this Christmas, what would it be?*

**Rest & Reflect:** *Days 6 & 7 are days of rest and reflection. Use these days to dig a bit deeper if you feel inspired.*