

# Deeper In God

March 5, 2017



**THIS WEEK'S SCRIPTURE:** *Matthew 6v5-9*

**THIS WEEK'S BIG IDEA:** We can trust that God hears because the primary way that God relates to us is as “Father.”

**Reflect:** What is your experience with prayer? Does it come naturally to you or does it feel forced?

**Reflect:** As you reflect on your own prayer life, do you tend to pray more for yourself or the needs of those you know and love, or do you also spend a significant amount of time praying for the needs of your community and the world?

**Reflect:** Although it's difficult for us to sometimes comprehend, prayer is a two-way, not just a one-way conversation. How difficult is it for you to sit in silence and try to hear God speaking to you in prayer?

**Reflect:** Jesus suggests that we can encounter God as “Father,” which denotes intimacy and loving care. How do you experience God as a loving Father in your life?

**Reflect:** We're going to be looking at the prayers of Jesus during Lent. If Jesus is the Son of God, the second person of the Trinity, why do you suppose he prays if he has direct access already to the Father?

**Rest & Reflect:** Days 6 & 7 are days of rest and reflection. Use these days to dig a bit deeper if you feel inspired.