## Grace Church Online Communion Guidelines

At Grace, we recognize the fact that now that we stream our services, there may be those times and/or seasons when some of us may be worshipping at home. In light of this, we offer the following guidelines as a way to celebrate the sacrament at home or even while traveling.

### HOW TO PREPARE FOR COMMUNION AT HOME

1. Purchase and have on hand grape juice or a suitable substitute and crackers and/or bread.
2. Prepare your in-home worship space. It might be helpful to have a designated table set with a cup and plate to hold the communion elements. Maybe the family dinner table or breakfast nook might be most appropriate
3. Log into either the 9:30am or 11:15am worship services at one of several places and join the service as a virtual participant, singing the songs, praying the prayers, and listening to the message. Feel free to even leave a comment in the comment section.
    a. https://baycitygracechurch.org/about/west-campus/#westlive
    b. Facebook: https://www.facebook.com/baycitygracechurch
    c. YouTube: https://www.youtube.com/user/baycitygracechurch
4. If possible, share with us a photo of your family worshipping together and post it on your Facebook page and share it with the church's page.

Grace observes Holy Communion typically on the first Sunday of each month. In the United Methodist Church, we observe what we call an "open communion table," which means everyone is welcome to Christ's table wherever it may be found. You needn't be a member of Grace Church or any church to participate in the sacrament. All that is ask of us is to understand who is issuing the invitation, and that is Jesus, and what he's inviting us to, and that is forgivingness and life in his name!